



For Immediate Release

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**U.S. Preventive Medicine<sup>®</sup>, ParkwayHealth Sign Affiliation Agreement to  
Jointly Deliver Preventive Medicine Services in Asia**

***ParkwayHealth Joins The Global Prevention Network<sup>™</sup> as Asian Affiliate***

**NEW YORK and SINGAPORE, February 26, 2009** — U.S. Preventive Medicine<sup>®</sup>, a leader in disease prevention services, has signed an affiliation agreement with Parkway Group Healthcare Pte Ltd, a leading healthcare group based in Singapore and a subsidiary of Parkway Holdings Limited, to jointly participate in preventive medicine programs throughout Asia. Under the agreement, ParkwayHealth will become the Asian affiliate in The Global Prevention Network<sup>™</sup>, a select group of preeminent health care institutions with recognized preventive and executive health programs.

U. S. Preventive Medicine and ParkwayHealth will collaborate in the delivery of preventive medicine programs, including wellness and disease management services to corporate executives, employees of sponsoring employers, and consumer members of The Prevention Plan<sup>™</sup>. As the Asian affiliate in The Global Prevention Network, ParkwayHealth will serve as a local referral partner for The Prevention Plan and executive health programs as well as an educational partner in U.S. Preventive Medicine's international outreach efforts. Affiliates in the Global Prevention Network serve as referral partners in their local markets, enabling U.S. Preventive Medicine to provide both a national and global prevention solution for employers, insurers and governments.

ParkwayHealth operates 15 hospitals in Asia, as well as 48 International Patient Assistance Centers (IPAC) throughout the world.

U.S. Preventive Medicine, an emerging leader in prevention, offers a suite of powerful prevention, early disease detection and chronic condition management programs, including its groundbreaking The Prevention Plan, that improve health outcomes while reducing health care costs. The Prevention Plan is the first-of-its kind benefit concept solely focused on preventive care, enabling individuals to determine their top health risks and receive a customized plan and ongoing personal attention to lower those risks and become healthier.

“ParkwayHealth is an ideal partner in helping us provide practical solutions for preventive care and disease management for The Prevention Plan members internationally,” said Christopher Fey, Chairman and CEO of U.S. Preventive Medicine. “Prevention is a movement that is gaining momentum around the world and is going to revolutionize the way health care is delivered. We are thrilled to be working with ParkwayHealth.”

"Our affiliation with U.S. Preventive Medicine will help us better educate and encourage our patients to take control of their health, and allow us to provide preventive and follow-up care to a new population of prevention-minded consumers," said Swee Yong Peng, CEO of the Primary Care division of ParkwayHealth. “We are firmly committed to prevention and we look forward to a fruitful working relationship with U.S. Preventive Medicine.”

### **About U.S. Preventive Medicine®**

U.S. Preventive Medicine®, a privately-owned global prevention services company with clients nationwide and the United Kingdom, provides primary, secondary and tertiary clinical prevention services to government, employers and consumers that are data-driven and outcomes-oriented. Company products include the world’s first preventive health benefit, The Prevention Plan™, available to buy or test drive at, [www.USPreventiveMedicine.com](http://www.USPreventiveMedicine.com) and [www.ThePreventionPlan.com](http://www.ThePreventionPlan.com).

### **About Parkway Holdings Limited**

Parkway Holdings Limited (SGX:Parkway) owns Parkway Group Healthcare Pte Ltd and Parkway Hospitals Singapore Pte Ltd which operates East Shore Hospital, Gleneagles Hospital, Mount Elizabeth Hospital, Parkway Cancer Centre and ParkwayHealth Day Surgery and Medical Centre. The Company also owns Parkway Shenton Pte Ltd, a major provider of primary healthcare services; Medi-Rad Associates Ltd, a leading radiology services provider; Parkway Laboratory Services Ltd, a major provider of laboratory services, and also operates 48 International Patient Assistance Centres (IPAC) across the globe. For more information, please visit the website at [www.parkwayholdings.com](http://www.parkwayholdings.com).

### **About ParkwayHealth**

**ParkwayHealth** is a leading healthcare group based in Singapore, operating 15 hospitals with more than 3,600 beds in Asia, as well as patient assistance centres throughout the world. It has an extensive network across Asia, Europe, North America and the Middle East with operations in Bangladesh, Brunei, Cambodia, Canada, China, India, Indonesia, Malaysia, Mongolia, Myanmar, Nigeria, Pakistan, the Philippines, Russia, Saudi Arabia, Sri Lanka, Ukraine, the United Arab Emirates, the United Kingdom, the United States of America, Uzbekistan and Vietnam. With a team of more than 1,300 accredited specialists covering 40 different specialties, such as orthopedics, cardiology, hematology and neurology. ParkwayHealth is committed to its vision to be a global leader in value-based integrated care. For more information, please visit the website at [www.parkwayhealth.com](http://www.parkwayhealth.com).